Resilience Strategy

The foundations of misbehavior are established before birth as children experience distress in their arousal response cycle and develop mistaken neurological beliefs and goals. If connection & significance experiences are reinforced early in life, trajectory can be directed toward resilience.

Family School Neighborhood Community

RESPONSE CYCLE

MISTAKEN BELIEFS & INSECURE ATTACHMENT

PBIS Watch DOGS Lunch Buddies T1L1 **Sources of Strength ROCKSOLID** 4 Results

AUTHORITARIAN OR PERMISSIVE





REINFORCEMENT OF **MISTAKEN BELIEFS**



DISCONNECTION & INSIGNIFICANCE



COPING BEHAVIOR



DYSREGULATION

Relational Disharmony Mental & Physical Illness **Social Dysfunction Destructive Behavior**



applied here

SEHAVIOR INDICATORS

Difficulty with instructions Builds walls vs connections Limited problem solving Unorganized Cause/Effect Awareness Low empathy Difficulty focusing Poor impulse control Low executive function Poor academics

Does not trust



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NEW HEALTHY BELIEFS



CONNECTION & VALUE





HOMEOSTASIS

Relationship Vocation Health Self-worth